

Te Pānui

TERM 2 WEEK 6, 2019

FRIDAY 07 JUNE, 2019

TERM 2 DATES

Science Trips 10 June , 11 June, 17 June, 18 June

WRISSA Boys Hockey
12 June

WRISSA Girls Hockey
13 June

Pyjama Day 21 June

Ngā Wai Pīata—Streams of Light Parade, 21 June

Regional Cross Country
2 July

Last Day of Term 5 July

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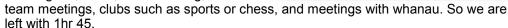
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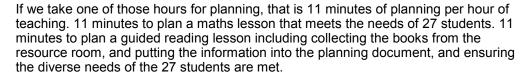


Message from the Principal:

Last week saw the teachers of SWIS join with thousands of other teachers from secondary, primary, intermediate and area schools around New Zealand. The strike was an effort to force the government to make changes to education to ensure that the best potential teachers see this as a viable career path and, along with improved conditions within schools, will lead to the best learning outcomes for your children. Here is a breakdown of a teacher's day as it currently stands. I'm sure you'll be surprised about what this means for your child.

Let us imagine teachers work a 40 hour week, that is an 8 hour day. 5hrs 15 minutes of those are teaching time, which leaves 2hrs 45 for all of our other responsibilities. One of those hours is taken up with duties at morning tea, lunch, road crossing, staff or





This leaves 45 minutes to do all of the marking. 7 minutes per hour of teaching. 15 seconds per student per hour of teaching. 6 minutes per student per day. 6 minutes to mount art and put it on the wall OR 6 minutes to write constructive feedback OR 6 minutes to suggest next steps in an inquiry project.



SWIS values are to be Safe, Respectful, Responsible

Message from the Principal cont.

Now clearly this not what teachers do. We start long before your children arrive at school, often at home. We finish long after your children have left us, again often at home. We come in on the weekend and during the school holidays. We write emails from our phones, gather resources and teaching ideas from friends and whanau, and pay for them from our own pockets. We have meetings with parents in the supermarket and on the sideline of the sports field. And we do all of this because your amazing kids deserve the very best.

But guess what. So do we. Teachers and principals also deserve the best. We're not even asking for that. We're just asking for better. More time to plan so that we get some of our own time back to spend with our own kids. So that our actual work hours are sustainable long term rather than invoking stress and burnout. Smaller class sizes so that the 6 minutes per child can become 8 or 10 or 12. And a salary which reflects the highly skilled professionals that we are.

Nga mihi,

Traci Liddall



Māuritau, Whakamana & Takohatanga

SWIS Cross Country

This is what it's all come down to. All those training sessions during P.E. have led to the moment that some have dreaded, others have avoided, some have craved, but all have been waiting for. The annual SWIS Cross Country.

This year the event was held at McAlister Park as is the intention every year. The difference, this year the weather cooperated and we had a beautiful day and a firm track to run on.

It was great there was such a strong showing with the following students progressing to represent SWIS at the WRISSA event a week later:

Stella Copeland	Maaike Day	Patrick Groom	Iris Boswell	Suavek
Ella Strang	Felix Smith	Manawa Mitcalfe	Fenn Restieaux	Mandy Mei
Gabe Forsyth	Anne Carey Smith	Amelie Moriarty	Ryan Hamilton	Fred Pilgrim
Chille Murphy	Zack Buyck	Rose Marshall	Nevaeh	Frankie Savage
Ava Travers	Toby Kearns	Alex Beggs	Arthur Bradford	Marcus Locke
Lucas Hales	Kaeden McKenna	Jackson Hill	Eimear Trainor	Fraser O'Reagan Smith
Xenois Hiotakis	Tallulah Farrow	Annemieke	Holly James	April Marshall
Flynn Moriarty	Evelyn Bryant	Luca Bordignon	Mya Mitipelo- Moriarty	Evie Samaeli

Congratulations to the place getters in the four races:

Year 7 Girls	Year 7 Boys	Year 8 Girls	Year 8 Boys
1st Eimear	1st Jackson	1st Ella	1st Ryan
2nd Frankie	2nd Luca	2nd Nevaeh	2nd Manawa
3rd Holly	3rd Toby	3rd Chille	3rd Gabe



Māuritau, Whakamana & Takohatanga

SWIS Cross Country

Mauritau, Whakamana & Takohatanga

Regional Chess Tournament

By Luna Lopez

On Monday, 27th May, SWIS went to compete in the NZ Chess Power Regionals. There were different categories: Rookies, Juniors, Intermediate, and Seniors. There were only two schools in the Intermediate category. SWIS and Seatoun School. SWIS, unsurprisingly, came first place for the intermediate category, and got invited to go to the Christchurch Team Nationals. Thomas Van Der Hoorn, came first, followed by Lias Morris, Luna Lopez, Harry Shallcrass, and Otto Nielsen. Luna, Lias, and Thomas have been invited to Christchurch Individual Nationals. Luna was placed third overall, and first place in female category, Lias placed second overall, and Thomas was the champion finishing first place overall. Well done, Lias, Otto, Luna, Harry, and Thomas.

https://tornelo.com/chess/orgs/nzjunior/events/wellington-central-regionals--2/pairings



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OR
Speak to Ally Clark at SWIS

WRISSA Cross Country

By Fred Pilgrim

On the 4th of June, thanks to parent volunteers, SWIS took multiple cars to the Inter-Intermediate Cross Country which took place at Harcourt Park in Upper Hutt. Almost 40 students from SWIS participated in the event.

SWIS had some great success with Eimear Trainor (6th Yr7), Jackson Hill (4th Yr7), Luca Bordignon (8th Yr7), Ella Strang (8th Yr8), Chillie Murphy (11th Yr8), and Gabe Forsyth (12th Yr8) and Holly James (12th Yr 7)

When I heard my race was going to be last, my tummy filled with butterflies. Within what felt like a minute, my race was about to start. I looked around and saw a sea of yellow cheering me on just before the race started. HONK! HONK! The air horn blew as we all started running like a stampede into the forest. The race was about 3k so after the first two laps of the course (we had to do 3x 1K laps), I was huffing and puffing to catch my breath. With around 200 meters to go, I thought to myself 'It's time to sprint' and overtook at least five people. I ended up placing 40th which was bang smack in the middle of the pack. I didn't mind my performance, because I knew that there were at least 80 students racing. This was a really good experience for myself and my school mates. Thanks for everyone who helped SWIS go to the event.

Mental Health at school

Mental health is a big problem for kids and we think it's better to come forward and address this because keeping silent doesn't get any of us anywhere, no matter how hard talking about it might be. Mental health is such a big topic, it covers depression, anxiety, anger issues and so much more.

Talking about your feelings can be of great use to yourself and your feelings, your friends, family and others that are trying to help you so they can focus on the things that you're struggling with. Sometimes you just need to vent to someone, whether you want them to try and help or if you just need a shoulder to cry on.

You might feel like you're too embarrassed to talk with someone about it but luckily SWIS has an amazing counsellor to help you deal with whatever you're going through, from small problems to big ones, she's always there. All you need to do is take some time to fill a slip and then put it in the slip box, letting Nazli know that you want to talk. Nazli is amazing and kind-hearted who's always open for talking.

We also have wonderful youthworkers who are also there for you to talk to so we would recommend talking to whoever you feel comfortable with. It may be Nazli, a youth worker or one of our great staff members. They all care for you and are all here to help.

By Maddie Clapham, Ada Samuel and Leni Campbell

Māuritau, Whakamana & Takohatanga



(Please note although this event is taking place at SWIS this is not a school event. Due to this there will not be school supervision at this event.)