



## **SUNSMART PROCEDURE**

### **RATIONALE**

To increase awareness and provide education regarding skin cancer.

To encourage self-motivation and responsibility.

### **GUIDELINES**

#### **General**

1. Encourage students to wear a hat either provided by the school or from home when they are outside (e.g. interval, lunch, sport excursions and activities) during Terms 1 and 4.
2. Work with wider school community to promote students use of SPF30+ broad spectrum sunscreen.
3. Encourage students to wear clothing that protects the skin from sun.
4. Encourage staff to role model Sunsmart behaviour, particularly the use of appropriate hats, clothing, SPF 30+ sunscreen, and encourage parents to practise Sunsmart behaviour themselves.

#### **Specific:**

1. In the daylight saving period students are encouraged to wear suitable hats when playing in the sun.
2. Students are encouraged to sit in the shade to eat their lunch on sunny days between October and March.
3. Parents will be urged to check that their children are protected with a waterproof sunblock and have a hat before they leave home for school each day.
4. The school will keep a supply of sunblock in each classroom.
5. The 'Sun Smart' message will be part of the curriculum.

#### **Curriculum**

1. Incorporate Sunsmart education and activities at all levels when delivering the health curriculum

#### **Environment**

1. Work towards developing and improving existing shade, particularly in areas where students congregate. Shade can be both built and natural (e.g. constructed shelter and trees).